

## VIDYA BHAWAN, BALIKA VIDYAPITH SHAKTI UTTHAN ASHRAM, LAKHISARAI - 811311

STUDY NOTES

CLASS- IX (All Section)

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## BIOLOGY LESSON-03

**CHAPTER:** Why do we fall ill?

**Today's Topic: Revision of the chapter** 

## **Answer the following questions:**

- 1. State any two conditions essential for good health.
- 2. State any two conditions essential for being free of disease.
- 3. Are the answers to the above questions necessarily the same or different? Why?
- 4. List any three reasons why you would think that you are and ought to see a doctor. If only one of these symptoms were prepare would you still go to the doctor? Why or why not?
- 5. In which of the following case do you think the long-term effects on your health are likely to be most unpleasant?

- \* If you get jaundice,
- \* If you get lice,
- \* If you get acne.

Why?

- 6. Why are we normally advised to take bland and nourishing food when we are sick?
- 7. What are the different means by which infectious diseases are spread?

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